



*The Sullivan Estate
& SPA Retreat*

PRIVATE - EXCLUSIVE - LUXURIOUS

NORTH SHORE, OAHU
HAWAII



JOURNEY INTO A BALANCED & REJUVENATED LIFE
A Wellness and Anti-Stress Retreat for Women

October 17 - 31, 2009

Journey Into A Stress-Free, Balanced & Rejuvenated Life

A one or two week Wellness Retreat tailored to help you enjoy and learn about a Stress-Free, Balanced and Holistic Lifestyle.

You will be pampered in one of the most Luxurious Private Retreats on earth, with state of the art facilities, the latest in Natural Health Care, Nutraceutical Skin Care Products, Gourmet Health Food, highly skilled SPA Therapists and Lecturers - all offered with Immaculate Personalized Service.

The highlight of our Limited Access Retreat is the Comprehensive Program that will allow you to return home as a new you, - with lasting youthful energy, material and information to keep practicing at home, and share what you have learned with your family and close friends.

This Holistic Anti-Stress Centre was created from skill and passion incorporating Healthy Living, Environmental Awareness, along with practical, mental and physical applications through the Seven Senses. Your Journey Into a Stress-Free, Balanced and Rejuvenated Life Retreat was conceived by the owners, Dr. Jurgen and Karin Klein, to have the opportunity to share their knowledge and experience as well as the research of other prominent figures in the natural health fields.

E Komo Mai - Welcome to The Sullivan Estate & SPA Retreat!



Your weekly experience will include:

- Daily Guided Meditation Classes.
- Learning to live in the Now, beyond fear, anger, greed, guilt, blame and shame.
- 2-3 hours of Dynamic Yoga & other Classes everyday.
- A carefully designed Gourmet Health Food Menu with served Breakfast, Lunch & Dinner.
- A 3 day Detox SPA Program with a variety of Hydro Therapy, Massages, Body Treatments, Facials, JK7-SPA Sensator™ Treatments, Aromatic Sauna Sessions and many more.
- Holistic Health and Longevity Counseling.
- Presentations and Lectures.
- Private Lifestyle and Wellness Consultations.
- Personalized Nutritional Advise.
- A fun Guided Hike and a beautiful Beach Walk.
- A Guided Tour around the Island & Waikiki.
- A fabulous on-site Luau Dinner & Polynesian Show.

- Butler & Concierge Services.
- Laundry Service.
- Maid Service.
- Full access to Gyms.
- Open use of Solar Heated Salt Water Pool & Jacuzzi.
- Transportation from and to Airport.

Breakfast, Lunch and Dinner included. Additional SPA treatments, tennis, golf, horseback riding, surf lessons, other transportation arrangements, dry clean, alcoholic beverages and off-site services not listed may incur in additional charges.

All Inclusive Rate:

First Week US\$ 26,000-30,000 per person + tax

Additional Week US\$ 24,000-28,000 per person + tax

Choose from Suites, Single or Double Rooms





Bookings Contact:
The Sullivan Estate & SPA Retreat
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